



Embedding Wellbeing and Inclusion at Griffith University

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Acknowledgement of Country

We acknowledge the Traditional Custodians of the land on which we meet and pay respect to Elders, past, present and emerging, and extend that respect to all Aboriginal and Torres Strait Islander people.

Traditional owners



South Bank, Nathan and Mount Gravatt

- land of the Yugarabul, Yuggera, Jagera and Turrbal peoples.

Logan

- Yuggera, Turrbal, Yugarabul, Jagera and Yugambah peoples.

Gold Coast

- Yugambah/Kombumerri peoples.



Imagine



Embedding Wellbeing and Inclusion into the new Bachelor of Business Curriculum

- Launching in 2021
- Alignment with strategic goals and an ethical and values based university
- Recognition of the high levels of mental health issues in uni students
- Overarching inclusive, accessibility, wellbeing and fostering growth practices
 - Accessibility and universal design for both teaching and assessment
 - Inbuilt options and variety of learning opportunities
 - Assessment tasks to meet accessibility standards by all student submission
 - Clear expectations, feedback



Examples of embedding into the explicit curriculum

- Neuroscience and impact of emotions in decision making
- Emotional intelligence and employability skills of the future
- Inclusive work practices and inequalities in the labour market
- Digital Accessibility
- Equality vs Equity vs Justice
- Dimensions of diversity, discrimination in the workplace
- Strategies for self-management
- Destigmatising mental health issues
- Referral - online wellness centre and counselling service
- Common mental health issues

Online Wellbeing and Inclusion Resources

- Accessibility tools instruction videos and tip-sheets

<https://www.griffith.edu.au/accessibility/creating-accessible-learning-environments>

- Meaningful Minute Videos (weekly)

https://www.youtube.com/playlist?list=PL00vh6VIKI_afBJImEqnYu1AOmI9mqQA

- Information sheets on wellbeing, mental health and other useful strategies – Online Health and Wellness Centre

<https://www.griffith.edu.au/wellness-centre>



Increasing Staff Awareness and Collaborating across the University

- Trainings and Workshops
 - Online Disability Awareness Training
 - Managing and supporting students with complex needs
- Participating in Academic Prep team meetings
- Using Teams as a platform to advertise through timely posts
- Healthy University Champions
- Inclusive teaching and assessment framework focusing on Equity, Agency and Transparency
- Co-designing with students





Questions?



THANK YOU

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